

# Socialization Checklist

From: *Perfect Puppy in 7 Days* by Dr. Sophia Yin

Week:



BEYOND  
BEHAVIOUR

	M	T	W	T	F	S	S
Handling							
Checking the ears							
Examining mouth and gums							
Opening the eyelids							
Squeezing the feet							
Handling and trimming the toenails							
Pinching skin							
Poking the skin with a capped pen							
Touching and squeezing the nose							
Poking the nose with a capped pen							
Cradling puppy in your arms on its back							
Holding him in your lap							
Holding puppy upside down							
Holding puppy on its back while giving a belly rub							
Hugging your puppy							
Pulling the collar (gotcha)							
Grabbing puppy by other part of body							
Wiping body with a towel							
Putting on a head halter							
Putting on a harness							
New Environments							
Suburban neighbourhood							
Residential city streets							
High traffic city street (such as downtown)							
Shopping mall parking lot							
Inside buildings							
Dog-friendly event (agility or obedience trial)							
Location of several different dog training classes							
Surfaces							
Concrete							
Slippery floors (hardwood, linoleum or marble)							
Metal surfaces (manhole covers, vet scales)							
Wobbly surfaces (board on top of a book or unbalanced thick tree branch, a wobble board)							
Stairs							
Wet grass							
Mud							
Ice, frost, or snow if you will live in such areas							
Unfamiliar dogs							
Dogs who play well							
A dog who will reprimand puppies with appropriate force and restraint for getting into his personal space							
Puppies who play well & don't get overly aroused							
Other Species							
Cats							
Horses and livestock							
Birds							
Any types of pets you may have							
Alone Training							
Isolated from all other animals and people with a delicious stuffed Kong or treat dispenser (to prevent development of separation related distress)							

	M	T	W	T	F	S	S
Sounds							
Thunder (or recordings of thunder)							
Fireworks (or recordings of fireworks)							
Babies and kids							
Alarms							
Dogs barking							
Doorbell ringing							
Traffic (like downtown in a city)							
Jack hammers							
Vacuum cleaner							
Sirens							
Objects with Wheels							
Skateboards							
Rollerblades							
Garbage cans outside							
Shopping carts							
Baby strollers							
Wheel chairs							
Bikes							
Cars							
Buses							
Motorcycles							
Manmade Objects							
Pots and pans							
Blankets or rugs being shaken							
Brooms							
Balloons							
Umbrellas							
Bags blowing in the wind							
Sidewalk signs							
Garbage cans in the house							
Plastic bags blowing in the wind							
Large plastic garbage bags							
Metal pans or other metal surfaces							
Unfamiliar people							
Women							
People of many ethnicities							
Tall men							
Men with deep voices							
Men with beards							
Elderly							
People wearing hats							
People wearing helmets							
People wearing hoodies							
People wearing backpacks							
People wearing sunglasses							
People with canes, walking sticks or walkers							
Teenagers							
Children standing as well as playing							
Toddlers (walking and squealing)							
Infants (crawling)							
People <i>running</i> by							
Indigent or homeless people							